



Instructions for upcycled Pouffe



If you have been busy decluttering your wardrobe this is a great way of using up clothing that would have gone to landfill, I used a big black sack full of old clothing to fill my pouffe. Why not use your old clothes to make the whole thing!

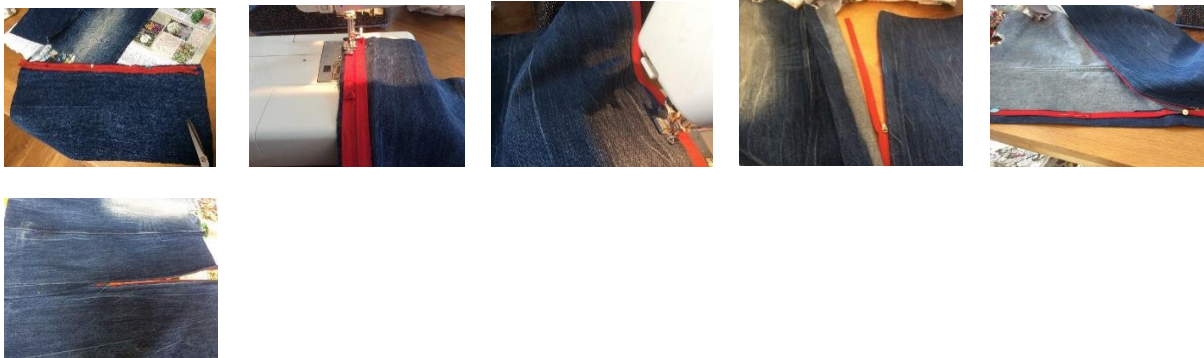
You will need:

- Firm fabric for base & body (denim from jeans is good if nothing else)
- Mixture of fabrics for patchwork top, avoid stretch (if using thinner fabrics I would recommend backing with polycotton etc)
- Long zip (the length or more of the diameter)
- Covered button, large button, pompom etc
- Stuffing (old clothing, bedding, towels etc, I even put some old fluffy slippers in mine!)
- Two old pillowcases for the interior bag
- Pompom trim, piping (optional)
- Newspaper, magazines, Sellotape & thread

1. A 1.5cm seam allowance is included unless stated. Decide on how big you want your pouffe. I used 6 pieces of A4 pieces from a magazine and stuck them together for a rough size. I then used the two legs of an old pair of jeans, cut the bulky seam off and cut them to the width of the paper (this does not have to be exact as you can adjust them) you do need two pieces but they can be cut different sizes.



2. On one of the raw edges (lengthways) with zip facing the right side of fabric, line zipper tape along edge. If you are using a zip longer than your fabric just go to the end of the fabric, don't cut the zip off!) Pin in place (& hand tack if preferred). Using a zipper foot sew tape to fabric (remember to move the zipper head as you go). Turn under, press & topstitch close to zipper teeth. Turn under approx. 1" to wrong side of other piece, press (this will form a lap to hide the zip). Pin right side of other side of zipper tape to raw edge of folded piece, pin through all pieces (tack if preferred). Sew in place along zipper tape. It's a good idea to sew over each end close to the edge to secure the fabric in place, be careful not to hit the zip!



3. We will now cut the circle from the zipped piece for the base. Measure the diameter (zip length & half) mine will be 9.5". Find the centre point of your fabric and pin the tape in centre. With a pen mark the same distance around to form a circle, join & then cut (don't cut the zip), this is your base. Cut the paper pattern the same size as your base.



4. To make your patchwork pieces for the top you will need to decide how many you want, I decided on 8, fold the paper in half, then half again, & half again to make 1/8, this is your template for each section. You will need to add a 1cm seam allowance to each side to join. Cut all required pieces (be careful if you have a directional pattern) with the grainline running through the centre of each piece, you can use a different fabric for each piece if preferred, don't worry if the top curve is slightly out at this point.



5. Lay all your pieces out in order. Pin all pieces together, starting from the point (centre) and going outwards. Once pinned sew each seam from the centre out with a 1cm seam allowance. Press seams open on back and front. Trim outer edge if uneven.



6. As this was quite thin fabric I backed it onto an old piece of curtain lining, pin and cut around. If you don't want to add piping or pompoms tack the backing on by hand around outer edge. If you are adding pompoms, tack them around edge through all pieces. Sew your button onto the the centre through all layers (this will hide any raw edges at the centre join).



7. Decide how deep you want your pouffe, mine is 14", then measure around, the circumference of your circle (add an extra 2/3" just in case!) you may have to join pieces if you don't have a continuous length. With right sides together pin the sides to the pouffe top (if you have pom-pom trim make sure it is facing inwards), leave around 2" loose as you will join this later (this is because some fabric gives more than others so may need easing). Sew in place with a 1.5cm seam allowance, easing in. remove from machine then adjust seam to fit the circle, sew seam, trim, then attach remaining edge.



8. Repeat with base, leaving zip open!



9. Turn cover in right way. Take two pillow cases and cut down one long edge of each, not the bottom, join together to form one big one, you can sew a channel to thread a ribbin through to make a drawstring if preferred, I just tied mine as you won't see this. Tuck inside your pouffe & fill with old clothing, sheets, towels, fabric scraps etc until really firm and full. Pull in & tie opening. Zip up & enjoy!

