

Garden Kneeling Pad Instructions

You will need:

- A piece of wood at least 20mm thick (any size depending on how big you want your pad)
- Filling for padding; old pillow, cushion or even blanket, jumper etc
- Scrap fabric to cover/secure filling
- Fabric to cover; oilcloth, pvc, canvas, denim etc (approx. 6" bigger length & width of wood)
- Suitable handle; webbing, ribbon, leather (old belt)
- Staple gun



1. Begin by placing your filling onto the board, distributing evenly. Using a scrap of fabric (I used the cover off the pillow) stretch over the filling and staple in place, adjust filling if necessary. Trim off excess.







2. Measure your top fabric so it is approx. 3" bigger on all sides. Cut then place on top of padding, turn under approx. ½" along long edge and staple in place along edge, repeat with opposite side stretching over padding (you may need to turn under more!







3. Repeat with either end trimming excess. Bring the corners round to the short edge turning under. Mitre corners (similar to wrapping a present) then turn under remaining edge, you may have to add a small pleat in the centre to ease in, which is what I did.











4. Cut a length of webbing (or similar) for the handle and attach at the top edge of short side on the back with the staple gun. Enjoy!

